







Chillin' Activities for a Winter Day

Brrr! It's cold outside, too cold to play. "What can I do?" you start to say. We know: try one of these ideas below. Some can even be done in the snow! Don't let the winter be a bore; pick an activity—lots of fun in store!

WINTER WRITING

Materials: shaving cream, cookie sheet

Spread a squirt of shaving cream on a cookie sheet. Pretend it is snow and practice writing letters, winter words, or math facts. Be sure to help wash the cookie sheet when you finish!

SNOWMAN SNACK

Ingredients: English muffin, cream cheese, raisins, carrot, pretzel sticks

Cover each muffin half with cream cheese. Use raisins to make a mouth and eyes. Place a piece of carrot for the nose. Push pretzels into muffin sides for arms.

WINTER SEARCH & FIND

Search around your house to find objects that begin with each letter in the word WINTER. Write what you find.

Example: W - window

I - ice cube N - nail file T - teaspoon E - egg

R - race car

HIBERNATION HIDEAWAY

Materials: blanket/sheet, table or chairs, good book, flashlight

Drape a large blanket or sheet over a table or two chairs to make a cave for hibernating. Instead of sleeping all winter like a bear, take a flashlight and a good book in with you, and spend some quiet time reading.

WINTER WALK

Materials: notebook

Put on your coat, hat and gloves for a chilly winter walk. As you walk, think about how your neighborhood is different in the summer. Is the temperature the only thing that changes? What else is different? Look closely. Make a list of at least 5 observations.

SILLY SENTENCE SNOWBALL FIGHT

Materials: scrap paper, pencil

On pieces of scrap paper, write 10 nouns, 10 adjectives and 10 verbs. Ball up each word. You and a friend have 30 seconds to choose 15 "snowballs" each. Now open your snowballs and make as many silly sentences as you can. If 3 of you play, how many "snowballs" will each player get?

SNOWBALL STRUCTURES

Materials: marshmallows (any size), toothpicks

Use marshmallows to represent snowballs. Connect them together with toothpicks to build a structure. What do you notice about the base of the structure? How many snowballs did you use? How high is your structure?

CATCH A SNOWFLAKE

Is it snowing? If so, it is time to catch a snowflake. To make the snowflake easier to see, place a piece of dark paper in the freezer for 15 minutes. Take it outside and catch some snowflakes. Can you see their 6 sides? Are any of the snowflakes alike? Draw a snowflake or write a poem or song about it.

FREEZE IT!

How do different materials react to freezing temperatures? Place 4 small cups (not glass) in the freezer: 1 with water, 1 with liquid soap, 1 with pudding, 1 with syrup. Leave in freezer over night. The next day, remove cups. Observe what happened to each substance. Why do you think each substance reacted as it did?